700 Series

770AT Arc Trainer

770AT is a commercial high end cross trainer designed for the total body. It burns up to 16% more calories than competing ellipticals or cross-trainers, reduces knee strain by 83%, and improves muscular endurance by 38%.



STANDARD DISPLAY

The CardioTouch™ touch screen display offers a single command center for every exercise program and entertainment control. iPod/iPhone integration comes standard on 700 Cardio Series.



E3 VIEW HD/CYBEX GO OPTIONAL DISPLAY

Optional technology features include embedded MYE wireless audio receiver, E3 View high definition monitor with three viewing modes on a 15.6" embedded display, or Cybex GO". From virtual workout environments to live HD TV, on-demand content, and music videos – Cybex GO has features everyone will enjoy and an intuitive, easy-to-use touchscreen they'll appreciate.



SPECIFICATIONS

Product Name Dimensions (L × W × H) Resistance Range Incline Levels Stride Length Ava User Weight Power Display Display Display		
Resistance Range Incline Levels Stride Length 24" (61 cm) 400 lbs (182 kg) Self powered, E3 View available in standard AC voltages, optional AC adapter for full time display Display 4.3" Touchscreen for workout and entertainment setup and control; Graphic display of workout profile via 8 × 15 LED matrix; Numeric display of time distance, calories, calories/hour, METs, Watts, strides per minute and heart rate including multi-color indication of heart rate range; Lower display shows incline and resistance level Workouts Workouts Quick Start (Manual Mode), two Weight Loss, three Cardio, two Shaping, three Strength, as well as Adaptive Power, Constant Power, and Heart Rate Control. Workouts have 10 levels and control both incline and resistance Entertainment Options WYE wireless audio receiver; E3 View embedded HD monitor; Cybex GO USB port supports charging small, USB-chargeable devices	Product Name	770AT
Incline Levels Stride Length 24" (61 cm) 400 lbs (182 kg) Self powered, E3 View available in standard AC voltages, optional AC adapter for full time display Display 4.3" Touchscreen for workout and entertainment setup and control; Graphic display of workout profile via 8 × 15 LED matrix; Numeric display of time distance, calories, calories/hour, METs, Watts, strides per minute and heart rate including multi-color indication of heart rate range; Lower display shows incline and resistance level Workouts Quick Start (Manual Mode), two Weight Loss, three Cardio, two Shaping, three Strength, as well as Adaptive Power, Constant Power, and Heart Rate Control. Workouts have 10 levels and control both incline and resistance Entertainment Options WYE wireless audio receiver; E3 View embedded HD monitor; Cybex GO USB port supports charging small, USB-chargeable devices	Dimensions (L × W × H)	76 " × 37 " × 62.5" (193 cm × 94 cm × 159 cm)
Stride Length Max User Weight Power Bif powered, E3 View available in standard AC voltages, optional AC adapter for full time display 4.3 "Touchscreen for workout and entertainment setup and control; Graphic display of workout profile via 8 × 15 LED matrix; Numeric display of time distance, calories, calories/hour, METs, Watts, strides per minute and heart rate including multi-color indication of heart rate range; Lower display shows incline and resistance level Workouts Workouts Quick Start (Manual Mode), two Weight Loss, three Cardio, two Shaping, three Strength, as well as Adaptive Power, Constant Power, and Heart Rate Control. Workouts have 10 levels and control both incline and resistance Entertainment Options MYE wireless audio receiver; E3 View embedded HD monitor; Cybex GO USB port supports charging small, USB-chargeable devices	Resistance Range	Up to 900 Watts at 180 SPM
Max User Weight Power Self powered, E3 View available in standard AC voltages, optional AC adapter for full time display 4.3 "Touchscreen for workout and entertainment setup and control; Graphic display of workout profile via 8 × 15 LED matrix; Numeric display of time distance, calories, calories/hour, METs, Watts, strides per minute and heart rate including multi-color indication of heart rate range; Lower display shows incline and resistance level Workouts Workouts Quick Start (Manual Mode), two Weight Loss, three Cardio, two Shaping, three Strength, as well as Adaptive Power, Constant Power, and Heart Rate Control. Workouts have 10 levels and control both incline and resistance Entertainment Options MYE wireless audio receiver; E3 View embedded HD monitor; Cybex GO USB port supports charging small, USB-chargeable devices	Incline Levels	21
Power Self powered, E3 View available in standard AC voltages, optional AC adapter for full time display 4.3 "Touchscreen for workout and entertainment setup and control; Graphic display of workout profile via 8 × 15 LED matrix; Numeric display of time distance, calories, calories/hour, METs, Watts, strides per minute and heart rate including multi-color indication of heart rate range; Lower display shows incline and resistance level Workouts Workouts Quick Start (Manual Mode), two Weight Loss, three Cardio, two Shaping, three Strength, as well as Adaptive Power, Constant Power, and Heart Rate Control. Workouts have 10 levels and control both incline and resistance Entertainment Options MYE wireless audio receiver; E3 View embedded HD monitor; Cybex GO USB port supports charging small, USB-chargeable devices	Stride Length	24″ (61 cm)
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Shaping, three Strength, as well as Adaptive Power, Constant Power, and Heart Rate Control. Workouts have 10 levels and control both incline and resistance Entertainment Options MYE wireless audio receiver; E3 View embedded HD monitor; Cybex GO Charging USB port supports charging small, USB-chargeable devices	Display	Graphic display of workout profile via 8 × 15 LED matrix; Numeric display of time distance, calories, calories/hour, METs, Watts, strides per minute and heart rate including multi-color indication of heart
Cybex GO Charging USB port supports charging small, USB-chargeable devices	Workouts	Shaping, three Strength, as well as Adaptive Power, Constant Power, and Heart Rate Control. Workouts have 10 levels and
	Entertainment Options	
	Charging	USB port supports charging small, USB-chargeable devices
Heart Rate Monitoring Wireless and Contact Grips	Heart Rate Monitoring	Wireless and Contact Grips
Connectivity CSAFE (Fitlinxx® Level 1)	Connectivity	CSAFE (Fitlinxx® Level 1)
Compliance ETL listed to UL1647, ASTM, EN 957, and CSA; FCC Class B; CE Low Voltage, EMC and RoHS Directives	Compliance	
Color Available in 15 standard frame colors or a virtually unlimited variety of custom colors	Color	

*According to an independent study at the University of Wisconsin-La Crosse

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Upgrade your club with customized Cybex equipment. Visit mydesign.cybexintl.com



WORLD HEADQUARTERS

10 Trotter Drive \cdot Medway \cdot MA 02053 USA T + 1.508.533.4300 \cdot F + 1.508.533.5500 cybexintl.com

CYBEX INTERNATIONAL UK LTD

Queen Adelaide · Ely Cambridgeshire · CB7 4UB · UK

T+44.1353.666.017 · F+44.1353.666.018

