

# Prestige

## Back Extension

21-piece strength line provides a premium option for facilities seeking an exceptionally versatile, user-friendly, biomechanically correct solution for “walkup and workout” users.

### FEATURES

- **Patented pelvic stabilization system with adjustable foot brace:** Allows users to “lock into” the hip pad for optimal training effect.
- **Contoured lumbar pad:** Encourages correct and comfortable movement into extension.
- **Optional Range Limiting Device:** Lets users choose a comfortable starting position, while ensuring the resistance profile is always optimal.

### USER AMENITIES



- **Placards:** Review proper set-up, movement and muscles trained. QR codes provide access to step-by-step videos demonstrating correct form and multiple exercise options.



- **Smartphone/tablet holder:** Your mobile device is safe and secure with our adjustable clip, designed for all smartphones and tablets. Simply clip in and go.



- **Water bottle/towel holder:** Keep your water and towel within arm's reach with our convenient water bottle and towel holder, standard on every Prestige machine.



- **Twist select incremental weight system:** Allows user to adjust weight quickly and simply in 5 pound increments.



### SPECIFICATIONS

Product Number	21100
Dimensions L x W x H	47" x 40" x 58" (119 cm x 102 cm x 162 cm)
Standard Stack	245 lb (111 kg)
Heavy Stack	305 lb (305 kg)
Standard Weight	550 lb (250 kg)
Heavy Weight	610 lb (277 kg)
Color	Available in 15 frame colors or a virtually unlimited variety of custom colors, 33 upholstery colors and 4 enclosure styles

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**WORLD HEADQUARTERS**  
10 Trotter Drive · Medway · MA 02053 USA  
T + 1.508.533.4300 · F + 1.508.533.5500  
[cybexintl.com](http://cybexintl.com)

**CYBEX INTERNATIONAL UK LTD**  
Premier House · Beveridge Lane  
Bardon Hill · Coalville · LE67 1TB UK  
T + 44.845.606.0228 · F + 44.845.606.0227

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